

The Celebrant proceeds

God of all power, Ruler of the Universe, you are worthy of glory and praise.

**Glory to you for ever and ever.**

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

**By your will they were created and have their being.**

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

**Have mercy, Lord, for we are sinners in your sight.**

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

**By his blood, he reconciled us.**

**By his wounds, we are healed.**

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

**Sanctus**

**Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest. Hosanna in the highest.**

Then the Celebrant continues

And so, Father, we who have been redeemed by him...

...Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

Celebrant and People

**We celebrate his death and resurrection,  
as we await the day of his coming.**

The Celebrant continues

Lord God of our Fathers, God of Abraham, Isaac, and Jacob...

...Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

**Risen Lord, be known to us in the breaking of the Bread.**

Accept these our prayers and praises, Father, through Jesus Christ our great High Priest, to whom with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. *Amen.*

As our Savior Christ has taught us, we now pray,

Celebrant and People

**Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily**

**bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.**

The Celebrant breaks the bread and says the following

Celebrant Christ our Passover is sacrificed for us;  
People **Therefore let us keep the feast.**

**Fraction Anthem**



Facing the people, the Celebrant says the following Invitation:

The Gifts of God for the People of God.

*All Baptized people are welcome to receive communion*

**Communion Hymn Break thou the bread of life Black Book 68**

**Prayer after Communion**

**Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with the spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

Sending Forth the Eucharistic Ministers

**Though we are many, we are one, because we share one bread and one cup.**

**Blessing**

**Hymn Amazing Grace Black Book 3**

The Celebrant dismisses the congregation and the people respond:

**Thanks be to God.**



**The Rev. Larry C. Minter, Interim Rector**

[Larry@ststephensor.org](mailto:Larry@ststephensor.org)

**The Rev. Dr. G. David Lovett, Associate Rector**

[AssociateRector@ststephensor.org](mailto:AssociateRector@ststephensor.org)

**The Rev. Dr. Steve Damos, Pastoral Associate**

[PastoralAssociate@ststephensor.org](mailto:PastoralAssociate@ststephensor.org)

**Simon Ballintoy, Organist/Choirmaster**

[Choir@ststephensor.org](mailto:Choir@ststephensor.org)

**Caroline Wood, Youth Minister**

[YouthMinister@ststephensor.org](mailto:YouthMinister@ststephensor.org)

*The Fifth Sunday after The Epiphany*  
**February 10, 2019**



**...Where God is seen, Love is felt, lives are changed!**

212 N. Tulane Avenue  
Oak Ridge, TN 37830  
Tel: 865-483-8497 | Fax: 865-483-9926  
[www.ststephensor.org](http://www.ststephensor.org)

*Welcome to*



*"For great is the Lord and most worthy of praise." –Psalm 90:4*

**9:00 AM - Holy Eucharist - Rite II - St. Alban's Chapel**

*Today's service music and hymns are found in the Black Book unless otherwise noted.*

**The Word of God**

Priest Blessed be God: Father, Son and Holy Spirit.  
People **And blessed be his kingdom, now and forever. Amen.**

Collect for Purity

ALMIGHTY GOD, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen.*

**Gloria**

**Glory to God in the highest, and peace to his people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sins of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.**

Celebrant The Lord be with you.

People **And also with you**

Celebrant Let us pray.



## ADULT BIBLE CLASS



Adult Bible Class is completing a study of Abraham in the Book of Genesis. On Feb. 24, it will begin a brief series on **Isaac**. *Isaac* was a patriarch of the Jewish nation, fathering Jacob and Esau. Jacob's 12 sons would go on to lead the 12 tribes of Israel. This is a good opportunity to improve your knowledge of the Christian-Jewish religions. We hope you will join us. Contact Jack or Mary Nell Campbell if you would like a book.

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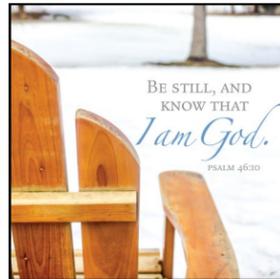
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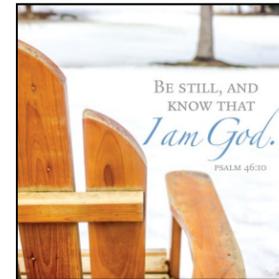
## ADULT FORUM: CULTIVATING CHRISTIAN MINDFULNESS

Stillness is a diminishing commodity in our lives, yet it is through stillness of body, mind, and soul that we strengthen our capacity to listen to God's voice. Mindfulness is a practice, grounded in stillness, that has been an integral element of religious and spiritual traditions for millennia. More recently, mindfulness has gained widespread attention in nonreligious settings, including mental health. In this four-week series we will explore: what mindfulness is (and isn't); the roots of mindfulness practice in the Christian historical tradition; how mindfulness seems to work in the brain and body; some basic techniques for cultivating a more mindful approach to life; and several contemporary practices of mindfulness-based Christian contemplative prayer.



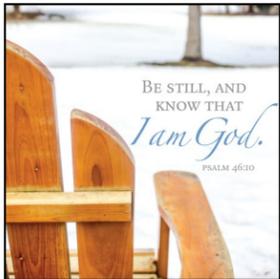
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## EYF THIS WEEK...

This Sunday, will be traveling to the Tyson House at the University of Tennessee for 6:04 Dinner and Worship! We will meet at church at 5:00pm, and return at 8:30pm.

### Calling all chefs!

We are looking for people to volunteer to make a meal for EYF! Please sign up on the EYF Bulletin Board or email Caroline at [youthminister@ststephensor.org](mailto:youthminister@ststephensor.org).



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**JOIN US THIS WEEK AS WE PRAY FOR** Craig Brent; Irma Brown; Jamie Burnham & Gay Marie Logsdon; Sherry Burchfield; Nancy & David Caldwell

**HEARING ASSISTANCE DEVICES** are available in the narthex and will be provided by an usher upon request.

**ALL BAPTIZED** persons are welcome to receive communion. Those who are not baptized are invited to receive a blessing, simply cross your arms over your chest. We are asked to repent of our sins and desire a deeper relationship with Christ.

**BUSY BOXES** for toddlers through 8-year-olds for use during church services, are in the narthex.

**THE AMBRY CANDLE** is given by Horia and Shafik Iskander in thanksgiving for Fr. Larry Minter, Fr. G. David Lovett and Pastor Steve Damos.

**THE ALTAR FLOWERS** are given to the glory of God.

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<b>Those Who Serve Today</b> ~ 9:00 AM ~	
Acolyte:	Teddy Dantzler
Eucharistic Ministers:	Carol King, Lou Volk
Lector:	Alan Liby
NewSong Musicians:	Simon Ballintoy, Bonnie Bautz, Mike Bautz, Brian Bovee, Nancy Carow, Victoria Medaglia, Brent Sigmon
Eucharistic Visitors:	Carol Gardner, Katherine & Gary Grubb, Carol King
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Mon., Feb. 11	9:30 am	Staff Meeting	Rector's Office
	10:00 am	Piece Makers	Pollard Room
	10:30 am	Mother's Bible Study	Room 209
	1:30 pm	ORICL Book Group	Pollard Room
	6:00 pm	Scouts	Parish Hall
	6:30 pm	TRIP	Pollard Room
Tue., Feb. 12	10:00 am	Bible Study	Pollard Room
	11:30 am	Holy Eucharist	Chapel
	1:30 pm	Beginning Tai Chi / 2:15 pm Tai Chi	Parish Hall
	3:45 pm	NewSong	Parish Hall
	7:00 pm	Vestry Meeting	Parish Hall
	7:00 pm	EFM	Diocesan House
Wed., Feb. 13	8:00 am	Men's Study Group	Pollard Room
	8:30 am	WOW	Parish Hall
	4:15 pm	Contemplative Prayer	Room 209
	5:30 pm	Holy Eucharist / Healing Service	Chapel
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